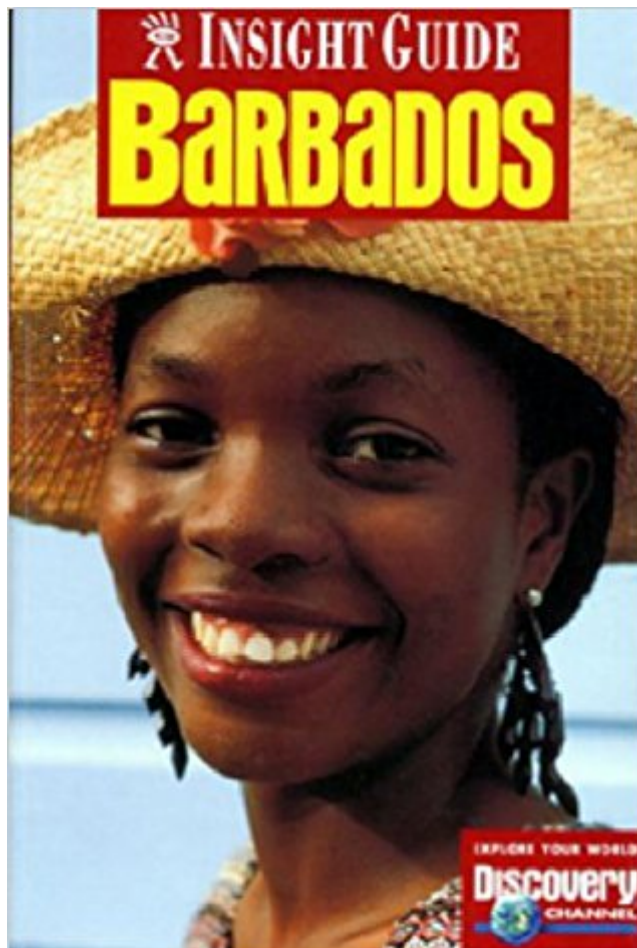


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# Insight Guide: Barbados



## Synopsis

One of over 400 titles in the Insight series, Insight Guide Barbados. This 358-page book includes a section detailing Barbados' history, 14 features covering the island's life and culture, ranging from its colourful Crop Over festival to its famous flying fish, a region by region visitor's guide to the sights, and a comprehensive Travel Tips section packed with essential contact addresses and numbers. Plus 361 incredible photographs and 12 maps.

## Book Information

Paperback

Publisher: Insight Guides; 4th edition (January 1, 1999)

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Product Dimensions: 8.8 x 6 x 0.8 inches

Shipping Weight: 1.4 pounds

Average Customer Review: 4.5 out of 5 stars 2 customer reviews

Best Sellers Rank: #4,263,858 in Books (See Top 100 in Books) #72 in [Books > Travel > Caribbean > Barbados & Trinidad and Tobago](#) #2169 in [Books > Travel > Caribbean > General](#)

## Customer Reviews

Since 2000. Hammond, American Map, Langenscheidt Dictionaries, Insight Travel Guides, Delorme & the famous names in the Langenscheidt family. These represent the most authoritative, up-to-date, and extensive travel and reference products available. In January 2003, the renowned Berlitz Publishing became part of the Langenscheidt Group. The Langenscheidt Publishing Group, the premier group of map and travel companies, offers over 4,000 North American and international street maps, road maps, atlases, language-learning, bilingual dictionaries, and travel-related products covering countries, cities, and languages in every continent.

I have always found Insight Guides to provide an excellent 'taste' of the peoples, cuisine, history, folklore, customs, music and arts and other aspects of a country's culture. The Barbados book is no exception. While it does list places to see, hotels, restaurant recommendations, etc. like other guidebooks, 90% of this book is filled with insightful writing and wonderful photography from a variety of contributors both Bajan and visitors to Barbados.

As a Bajan I was pleased when I read this book it goes beyond the typical tourist representation of the island and tastefully and tactfully covers many of the unique cultural mores and forces that have shaped our island. It gives a brief and accurate history of the island concerning race relations, politics and culture and even quite accurately explains why Bajans are perceived as smug! : ) Hopefully on reading this book the tourist more informed will be able to enjoy the island many flavors and facets more deeply.

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